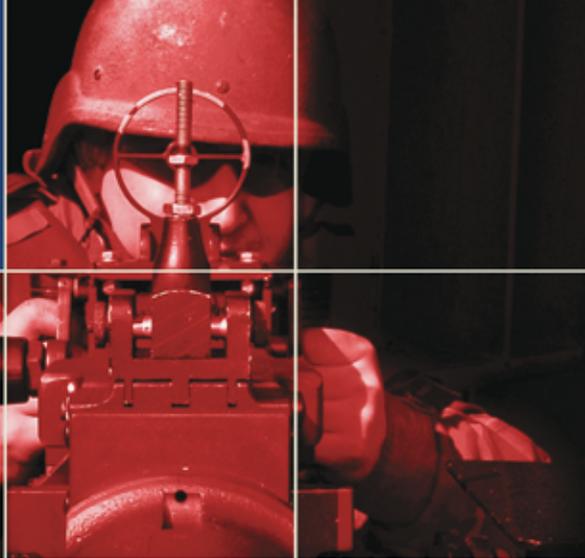


**WARFIGHTING FIRST**



**OPERATE FORWARD**



**BE READY**



Chief of Naval Operations

**PROFESSIONAL  
READING PROGRAM**

*read to be ready!*  
**NAVY READING**  
2014 Edition

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[Books will be provided in hard copy to most ships, squadrons, and stations.]

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## WELCOME TO THE CNO PROFESSIONAL READING PROGRAM!

Hello Shipmates!

Today's Navy is made up of the finest ships, aircraft, electronics, weapons and combat systems ever to go to sea in defense of our nation. Our training and education programs are unsurpassed, but our greatest source of power remains our people. This was true in the age of "wooden ships and iron men", and it is true today.

The U.S. Navy has a reputation as the most skilled, energetic, and educated maritime force on the planet, but that esteem is not a birthright. Each new generation of seafarers must do its part to earn its place in the upper tier of global navies. To deal with the challenges of our times we must always be at our best. To get there we should constantly refresh and deepen our knowledge—learn, study, train—and ultimately employ our global navy with supreme skill.

An English philosopher named Herbert Spencer once said: "The great aim of education is not knowledge but action." He captured the main reason we must commit ourselves to constant improvement. I encourage you to dive into my Professional Reading Program, not just because you will expand your horizons and grow as a more informed Sailor, but because those insights will translate into better plans, decisions, and engagements in far-flung places around the world where our Navy conducts its business.

We are working to make the titles electronically downloadable at sea, but we are not there yet. In the meantime, hard copy books on this reading list are being sent in small numbers to nearly every ship, squadron, and major command at sea and ashore. Books are also available at command libraries where you can borrow them at no charge. Ashore, e-books or audio books can be checked out for free via the Navy General Library Program. Those interested in building their own library can also find books on my reading list available at the Navy Exchange.

Our Navy operates forward. To be most effective we have to understand history, the cultures of people with whom we interact, the technologies that affect our lives, and the best way to lead and set the example for others. We should tap into those who offer advice about everything from team-building to innovative thinking. We owe it to ourselves, and we owe it to the proud and great service we joined, to better ourselves and strengthen American sea power.

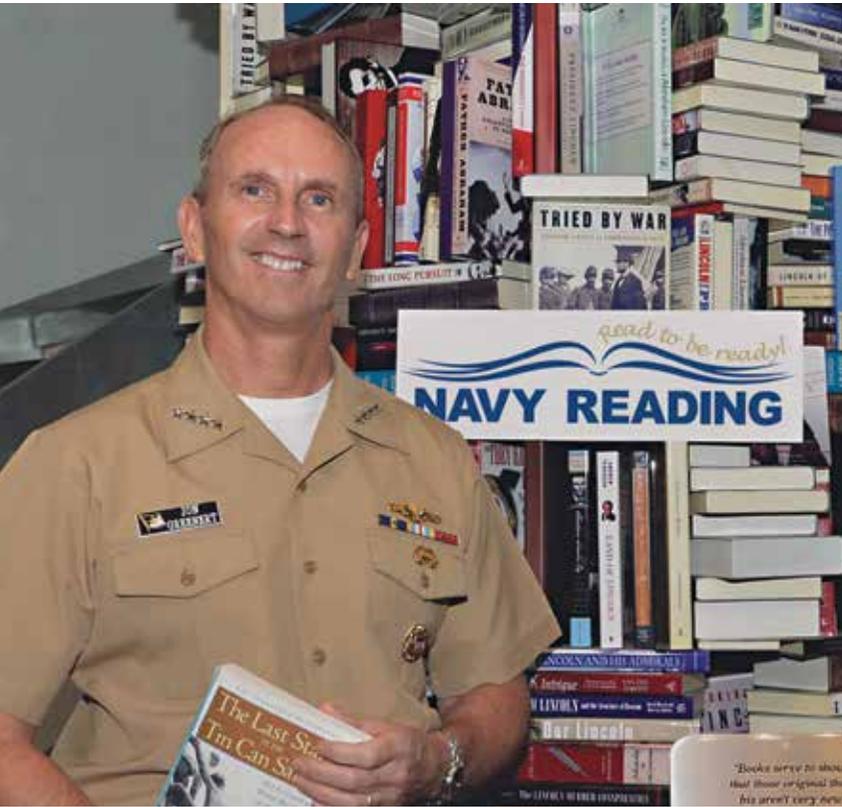
The Master Chief Petty Officer of the Navy and I encourage each of you to take the initiative to be a part of this program. As the program's motto says: "Read to Be Ready."

I'll see you out there in the Fleet!

A handwritten signature in black ink that reads "Jonathan W. Greenert". The signature is written in a cursive, flowing style.

Jonathan W. Greenert  
Admiral, U.S. Navy  
Chief of Naval Operations

## THE CNO PROFESSIONAL READING PROGRAM



ADM Jonathan W. Greenert, USN, at the “Tower of Books” sculpture in the Ford’s Center for Education and Leadership, Washington, DC.

**A**t first glance, the Chief of Naval Operations Professional Reading Program may seem a little intimidating. This guide will help you navigate through the list, which is designed to help you grow as a naval professional.

As you know, the Navy has always focused on physical readiness. Every Sailor knows how to PT and how to prepare for day-to-day duties. The reading program will help prepare you mentally in the same way that push-ups and sit-ups prepare you physically.

As your professional knowledge grows, the Navy will naturally place more trust and confidence in your decision-making abilities. This is where the reading program can really help. We all learn from our life experiences, but what if we could learn from the experiences of others as well? Reading allows us to do just that.

Abraham Lincoln said that reading “is the key to already-solved problems . . . and a facility for successfully pursuing the unsolved ones.” With this in mind, the Navy has collected eighteen books that will help all levels of Navy leaders hone their craft. The books chosen for the list will help Sailors garner a better understanding of war, culture, history, leadership, critical thinking, and management.



### Why should I participate?

Reading may seem a little old-fashioned in this day and age. After all, video games and iPods® offer us easy access to hours of entertainment, and the Internet has literally put the world at our fingertips. However, a book is still a wonderful way to kick back and relax. Books allow us to travel without going anywhere, visit the past and imagine the future, meet heroes and villains, open our minds to new ideas, and escape from the rigors of the world, while at the same time preparing for challenges that lie ahead.

We hope that you will find this program both valuable and genuinely fun. In this program guide you will find brief summaries of all forty-two books in the professional reading program. Please use these descriptions to find the books that most interest you, then plunge right in.



CDR Daniel Dolan, deputy program manager Chief of Naval Operations Professional Reading Program (CNO-PRP), Rear Adm. Walter E. “Ted” Carter Jr., President, U.S. Naval War College (NWC) in Newport, R.I., and professor John Jackson, Program Manager of the CNO-PRP, discuss the selection of books for the next version of the reading program. The CNO-PRP is designed to enhance professional development, learn about Navy heritage, and gain a greater understanding of what it means to be a 21st century Sailor.

Photo by MCC James E. Foehl/Released

## What should I read?

The books in the CNO Professional Reading Program have been divided into three topic-driven categories. **You should read any book on the list that interests you!**

You should also feel free to read books that are not on the list. The purpose of this program is to help you develop a lifelong habit of reading. The books on this list have been carefully chosen (after a lot of, at times, heated discussion) by a cross section of naval and civilian leaders and scholars. Obviously there are hundreds of other great books that could have been added, but we wanted to keep this list manageable for you. These books are proven selections that, with a broad consensus, our Advisory Group agrees will benefit today’s Navy professional. Give them a try, but by all means, branch out from here when you find a topic you want to learn more about.

## What if I don’t like to read?

You may not consider yourself a strong reader, but don’t worry, that’s not a problem. The best way to improve any skill is to practice; reading is no different. It doesn’t matter how long it takes to finish a book: it is the process of reading and broadening your professional understanding that counts. Take your time. Comprehension matters, not the time it takes to read. There are no formal tests or evaluations, and this is not a contest. If you choose to read, it will show in the way you conduct yourself as a professional.

It may help if you discuss what you’re reading with your friends and colleagues. Ask your boss what he or she has read and liked, and talk to your subordinates about their reading. Encourage each other. Talking about books and sharing your “lessons-learned” will increase your understanding and make the process of reading a lot more fun for everyone.

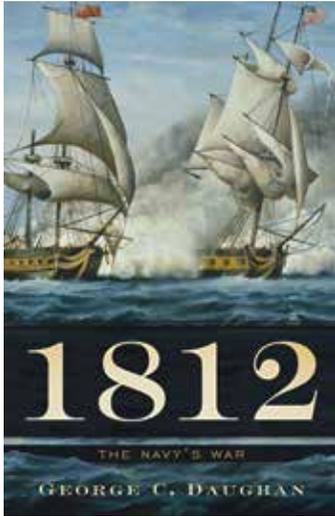
## How do I participate?

It will be easy for you to participate in the CNO Professional Reading Program. Every major command will receive a set of books (and in many cases, multiple copies of each book) that you will be able to check out. There are other ways to participate, too: Liberty Centers and base libraries will maintain sets of books, Navy General Library Program Manager, <http://navy.lib.overdrive.com>, will provide access to downloadable audio and e-books (once you establish an account as a Navy Knowledge Online user, access the Navy e-Library section of the portal), and the Navy Exchange has agreed to participate as a full partner by selling the books on the list at reduced prices.

One of the most user-friendly features of the program is the robust website, [www.navyreading.navy.mil](http://www.navyreading.navy.mil). In addition to detailed book reviews, the site offers links to suggested additional readings, and best of all, an online forum where you can discuss what you have read and can read what others have had to say.

Remember, this program is designed to enhance your professional knowledge through reading, but it should be fun. The way to participate is simply to read. As you browse through this guide you will surely find something that sparks your interest, then just visit your unit library, log on to [www.navyreading.navy.mil](http://www.navyreading.navy.mil), or just look for the Navy Reading logo in your local Navy Exchange and give a book a try. It’s time to *Read to Be Ready!*

— Program Managers



Hardcover, 491 Pages  
 Pub. Date: October 2011  
 Publisher: Basic Books/Perseus Books Group

## 1812 The Navy's War by George C. Daughan

This CNO Professional Reading Program, *Warfighting First* book provides an engaging account of the War of 1812. At the outbreak of the War of 1812, America's prospects looked dismal. It was clear that the primary battlefield would be the open ocean but America's war fleet, only twenty ships strong, faced a practiced British navy of more than a thousand men-of-war. Still, through a combination of nautical deftness and sheer bravado, the American navy managed to take the fight to the British and turn the tide of the war: on the Great Lakes, in the Atlantic, and even in the eastern Pacific. In *1812: The Navy's War*, prizewinning historian George C. Daughan tells the thrilling story of how a handful of heroic captains and their stalwart crews overcame spectacular odds to lead the country to victory

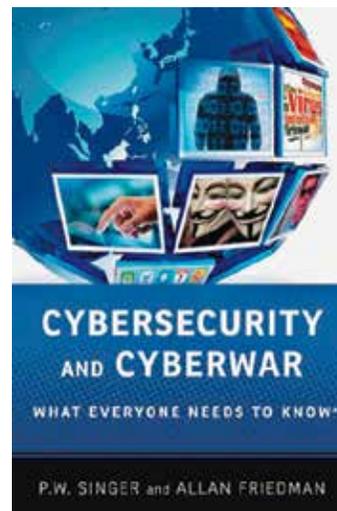
against the world's greatest imperial power. A stunning contribution to military and national history, *1812: The Navy's War* is the first complete account in more than a century of how the U.S. Navy rescued the fledgling nation and secured America's future. This outstanding "Warfighting First" category book represents an important addition to the CNO Professional Reading Program in recognition of the bicentennial celebration of the war it recounts. *1812: The Navy's War* is a "must read" for all Sailors.

## Cybersecurity and Cyberwar What Everyone Needs to Know

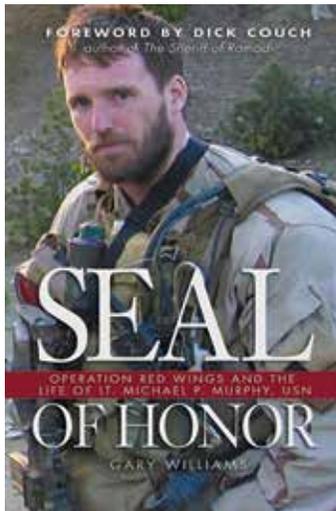
by P.W. Singer and Allan Friedman

This CNO Professional Reading Program, *Warfighting First* book is the latest publication from two of the nation's most forward-thinking intellectuals on advanced technology—Peter W. Singer and Allan Friedman. Admiral James Stavridis, US Navy (Ret), describes this book as, "the most approachable and readable book ever written on the cyber world. The authors have distilled the key facts and policy, provided sensible recommendations, and opened the debate generally to any informed citizen: a singular achievement. A must-read for practitioners and scholars alike." *Cybersecurity and Cyberwar* addresses the current risks and benefits of the ever-fluid cyber environment. Singer's research provides a significant amount of space to the specific challenges the Department of Defense confronts in keeping pace with the latest technologies and methods for maintaining data

security. Chapters include a detailed analysis of topics such as: Cyber Counterterrorism, Patriotic Hackers, and What a Cyber War might actually look like. In this emerging warfighting area where the tools and tactics are constantly changing, a quality and current book such as *Cybersecurity and Cyberwar* will help keep the Navy's cyber-warriors on the cutting edge.



Paperback, 320 Pages  
 Pub. Date: January 2014  
 Publisher: Oxford University Press



Hardcover, 258 Pages  
 Pub. Date: December 2010  
 Publisher: Naval Institute Press

## SEAL of Honor

Operation *Red Wings* and the Life of  
 Lt. Michael P. Murphy, USN

by Gary Williams

This **CNO Professional Reading Program, Warfighting First** book tells the compelling tale of the late Navy SEAL, LT Michael Murphy. A young man of great character, he is the subject of Naval Special Warfare courses on leadership, and an Arleigh Burke-class guided missile destroyer, naval base, school, post office, ballpark, and hospital emergency room have all been named in his honor. In his bestselling book *Lone Survivor* (formerly listed on the CNO Professional Reading Program), Marcus Luttrell, the only survivor of Operation Red Wing, called Michael “the best officer I ever knew, an iron-souled warrior of colossal, almost unbelievable courage in the face of the enemy.” *SEAL of Honor* tells the story of Michael’s life and how he came to be a man of selfless courage and honor. The story

of LT Murphy offers a sterling example of Navy core values lived out in his life, service, and sacrifice. This gripping and often emotionally moving book honors all who have made the ultimate sacrifice in the war against terrorism.

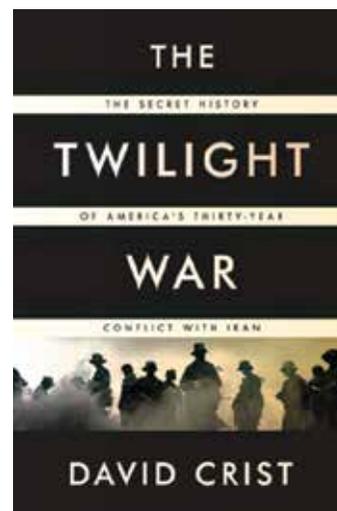
## The Twilight War

The Secret History of America’s  
 Thirty-Year Conflict with Iran

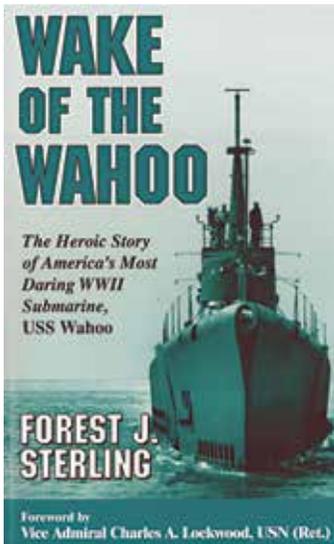
by David Crist

This **CNO Professional Reading Program, Warfighting First** book details the past 30 years of U.S. Military operations in the Persian Gulf region including the formation of the US Central Command and the FIFTH Fleet Naval Headquarters in Bahrain. David Crist writes, “Conspiracy theories abound in the Middle East in part because there frequently are so many conspiracies” (p.358). Every chapter of *The Twilight War* pulls back the curtain and sheds a revealing new light on many previously undisclosed and often underappreciated events that have shaped U.S. – Iranian relations. This masterfully researched historical account focuses on those relations since the fall of the Shah of Iran and the beginning of the Iranian Revolution. General Anthony Zinni USMC (Ret) says this about *The Twilight War*, “Crist

is a rare historian whose education, military experience, superb writing style, and regional knowledge clearly make this book the definitive work on the subject.” The policy and strategy decisions of the past six U.S. Presidents, covert CIA operations, U.S. Navy operations, Iranian actions and reactions, and the struggle to create the present day U.S. Central Command are all detailed in *The Twilight War*.



Paperback, 656 pages  
 Reprint Edition: July 2, 2013  
 Publisher: Penguin Books



Paperback, 221 Pages  
 Pub. Date: October 1999  
 Publisher: R.A. Cline Publishing

## Wake of the Wahoo

by Forest J. Sterling

This **CNO Professional Reading Program, Warfighting First** book was an almost-forgotten World War II classic that has been brought back into the spotlight by the CNO Professional Reading Program. From the attack on Pearl Harbor to her last and fatal voyage, this is the heroic true story of America's most daring World War II submarine, as told by one of the only surviving members of her crew, retired Chief Petty Officer Forest J. Sterling. The USS *Wahoo* (SS-238) was the most successful American submarine in the World War II Pacific Fleet. This riveting account of five combat patrols of the *Wahoo* captures life aboard a World War II submarine with a witty and inspiring deck-plates perspective of the boat's Yeoman (YN1 Sterling). The superb leadership and tactical acumen of the *Wahoo*'s famed Commanding Officer,

Commander Dudley "Mush" Morton and Executive Officer, Commander Dick O'Kane are vividly illustrated in Sterling's book. *Wake of the Wahoo* is an unforgettable and invaluable read.

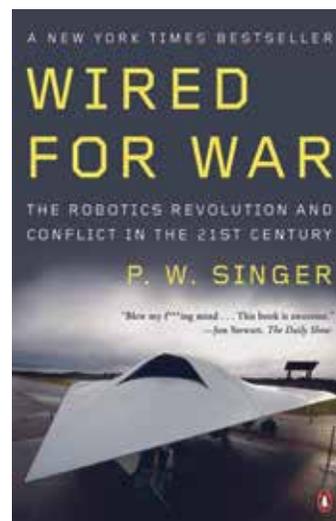
## Wired for War

The Robotics Revolution and Conflict in the 21st Century

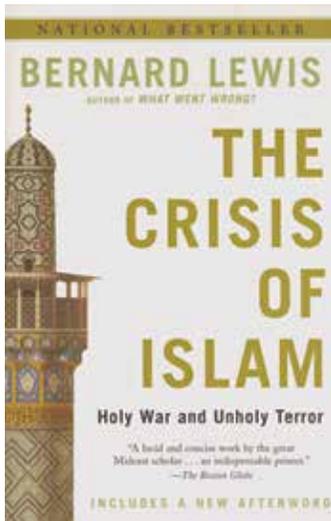
by P. W. Singer

This **CNO Professional Reading Program, Warfighting First** book explores the greatest revolution in military affairs since the atom bomb: the dawn of robotic warfare. Noted author P. W. Singer argues that we are on the cusp of a massive shift in military technology that threatens to make real the stuff of *I, Robot* and *The Terminator*. Blending historical evidence with interviews of an amazing cast of characters, Singer shows how technology is changing not just how wars are fought, but also the politics, economics, laws, and the ethics that surround war itself. Traveling from the battlefields of Iraq and Afghanistan to modern-day "skunk works" in the midst of suburbia, Singer illustrates that the robotics revolution has arrived. *Wired for War* is "must read" for all modern-day warriors who need to understand the impact of this revolution and how

it is changing the way we operate and fight.



Hardcover, 512 Pages  
 Pub. Date: January 2009  
 Publisher: Penguin Press



Paperback, 224 Pages  
 Pub. Date: March 2004  
 Publisher: Random House

### Crisis of Islam Holy War and Unholy Terror by Bernard Lewis

This **CNO Professional Reading Program, Operate Forward** book examines the historical roots of the resentments that dominate the Islamic world and that all too often have manifested in acts of terrorism. Expanded from an award-winning *New Yorker* article, *The Crisis of Islam* looks at the theological origins of political Islam and takes the reader through the rise of militant Islam in Egypt, Saudi Arabia, and Iran, examining the impact of radical Wahhabi proselytizing, and Saudi oil money, on the rest of the Islamic world. *The Crisis of Islam* ranges widely across thirteen centuries of history, but in particular it charts the key events of the 20th century leading up to the violent confrontations of today: the creation of the state of Israel, the Cold War, the Iranian revolution, the defeat of the Soviet Union in Afghanistan,

the Gulf War, and 9/11. While hostility toward the West has a long history in the lands of Islam, its current concentration on America is new. So too is the cult of the suicide bomber. Brilliantly disentangling the crosscurrents of Middle Eastern history from the rhetoric of its manipulators, author Bernard Lewis helps the reader understand the increasingly dogmatic rejection of modernity by many in the Muslim world in favor of a return to a sacred past. This book is essential reading for anyone who wants to know what Osama bin Laden represented and why his murderous message resonated so widely in the Islamic world.

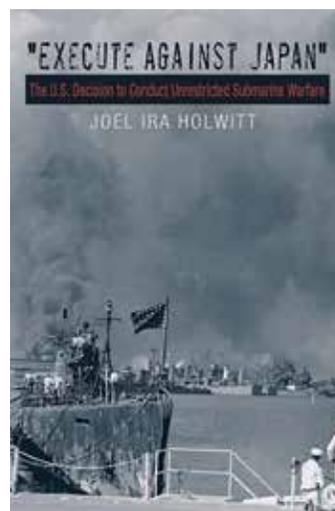
For achieving a greater cultural understanding of the radical Islamist, an insidious and relentless foe, this concise, eye-opening book is a must read in the post-9/11 world.

### Execute Against Japan The U.S. Decision to Conduct Unrestricted Submarine Warfare

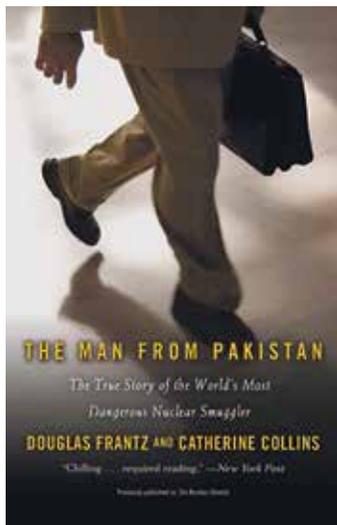
by Joel Holwitt

This **CNO Professional Reading Program, Operate Forward** book was written by active-duty Submarine Warfare Officer, LT Joel Holwitt. Less than five hours after the Japanese attack on Pearl Harbor, a telegram from the U.S. Chief of Naval Operations ordered, “*Execute against Japan* unrestricted air and submarine warfare.” Mere hours after the attack the United States abandoned its longstanding adherence to freedom of the seas, under which commercial vessels were immune from attack. From that moment, the American war effort in the Pacific would target not only military assets, but all Japanese shipping. This surprising shift in U.S. policy expanded the limits of warfare in the Pacific. *Execute Against Japan* offers a new understanding of U.S. military policy during World War II. This book offers valuable

lessons on the interplay of law, diplomacy, politics, and military doctrine and strategy in the conduct of war.



Hardcover, 245 Pages  
 Pub. Date: 2009  
 Publisher: Texas A&M  
 University Press



Paperback, 432 Pages  
 Pub. Date: November 2008  
 Publisher: Twelve/Hatchette  
 Book Group

## The Man from Pakistan (also made available as *Fallout*) The True Story of the World's Most Dangerous Nuclear Smuggler

by Catherine Collins and Douglas Frantz

In this **CNO Professional Reading Program, Operate Forward** book investigative journalists Douglas Frantz and Catherine Collins tell an alarming tale of international intrigue through the eyes of the European and American officials who suspected Pakistani nuclear scientist A. Q. Khan, tracked him, and ultimately shut him down, but only after the nuclear genie was out of the bottle. This well-researched book tells the story of how A. Q. Khan managed to steal enough nuclear secrets to give Pakistan atomic weapons and then to go into business selling atomic secrets to Libya, Iraq, Iran, North Korea, and others. This book provides an excellent foundation of knowledge for one of the greatest threats confronting the United States in the 21st century. It explains the origin of the emerging

nuclear proliferation threats in North Korea and Iran as well as technical descriptions of the process of manufacturing nuclear materials into weapons-grade materials. *The Man from Pakistan*\* offers valuable lessons for Navy personnel who must confront this threat as they operate forward in an ever-more-dangerous environment.

\*Note: Due to limited availability of "The Man from Pakistan," a more recent book, "Fallout" (Free Press, 2011), by Catherine Collins and Douglas Frantz, may be used as a substitute.

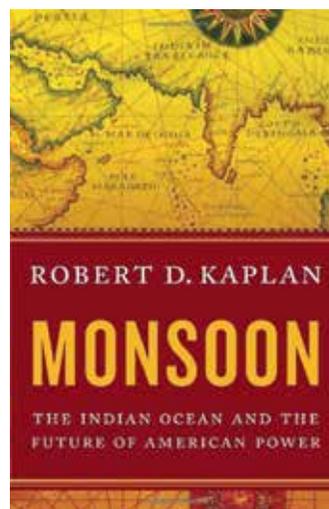
## Monsoon

### The Indian Ocean and the Future of American Power

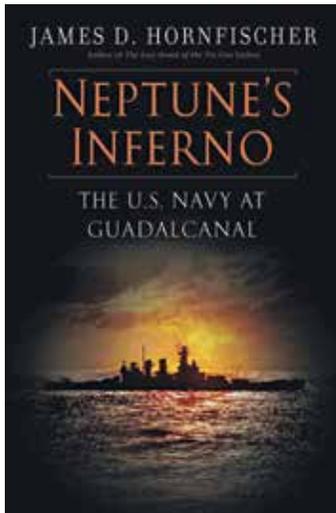
by Robert D. Kaplan

This **CNO Professional Reading Program, Operate Forward** book offers a pivotal examination of the countries known as "Monsoon Asia," which include India, Pakistan, China, Indonesia, Burma, Oman, Sri Lanka, Bangladesh, and Tanzania. Bestselling author Robert D. Kaplan shows how crucial this dynamic area has become to American power. It is here that the fight for democracy, energy independence, and religious freedom will be lost or won, and it is here that American foreign policy must concentrate if the United States is to remain relevant in an ever-changing world. From the Horn of Africa to the Indonesian archipelago and beyond, Kaplan exposes the effects of population growth, climate change, and extremist politics on this unstable region, demonstrating why Americans can no longer afford to ignore this important area of the

world. This informative and engaging book truly is essential professional reading for those serving in the 21st-century U.S. Navy.



Hardcover, 384 Pages  
 Pub. Date: October 2010  
 Publisher: Random House



## Neptune's Inferno

### The U.S. Navy at Guadalcanal

by James D. Hornfischer

This **CNO Professional Reading Program, Operate Forward** book is at once the most epic and the most intimate account ever written of the contest for control of the seaways of the Solomon Islands. Those who enjoyed *The Last Stand of the Tin Can Sailors*, in the Other Titles of Interest section, will find *Neptune's Inferno* equally impressive. *Neptune's Inferno* details the grim, protracted campaign for Guadalcanal that has long been heralded as a Marine victory. Now, with his powerful portrait of the Navy's sacrifice—three sailors died at sea for every man lost ashore—Hornfischer tells for the first time the full story of the Navy men who fought in the deadly waters of “Ironbottom Sound.” In addition to the rich Navy history and heritage that is contained in this book, there are many insightful lessons on

Hardcover, 516 Pages  
 Pub. Date: January 2011  
 Publisher: Bantam Books/  
 Random House

leadership and the high cost of tactical failures in combat. This gripping book offers valuable lessons for Sailors and Officers of all pay grades.

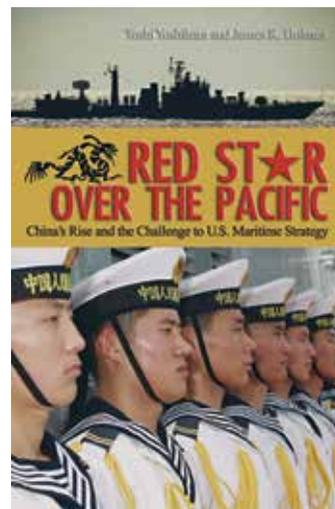
## Red Star Over the Pacific

### China's Rise and the Challenge to U.S. Maritime Strategy

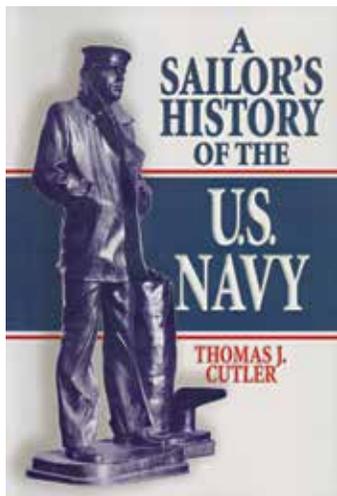
by Toshi Yoshihara and James R. Holmes

This **CNO Professional Reading Program, Operate Forward** book assesses how the rise of Chinese sea power will affect U.S. maritime strategy in Asia. Combining a close knowledge of Asia and an ability to tap Chinese-language sources with naval combat experience and expertise in sea-power theory, the authors argue that China is laying the groundwork for a sustained challenge to American primacy in maritime Asia. To defend this hypothesis they look back to Alfred Thayer Mahan's sea-power theories, now popular with the Chinese. The book considers how strategic thought about the sea shapes Beijing's deliberations and compares China's geostrategic predicament to that of the Kaiser's Germany a century ago. It examines the Chinese navy's operational concepts, tactics, and capabilities and appraises China's ballistic-

missile submarine fleet. The authors conclude that unless Washington adapts, China will present a challenge to America's strategic position in Asia. This selection supports Department of Defense and U.S. Navy priorities for increased focus on the Pacific Rim. Rich with historical examples and superb scholarship, *Red Star Over the Pacific* is a thoughtful and informative analysis on the rise of Chinese naval power.



Hardcover, 292 Pages  
 Pub. Date: November 2010  
 Publisher: Naval Institute Press



Hardcover, 296 Pages  
 Pub. Date: November 2004  
 Publisher: Naval Institute Press

## A Sailor's History of the U.S. Navy

by Thomas J. Cutler

This **CNO Professional Reading Program, Be Ready** book is highly readable and offers a fresh approach to naval history. Adopted by the U.S. Navy for issue to all new Sailors, *A Sailor's History* vividly and excitingly brings to life the events that have shaped and inspired the Navy of today. Its perspective is thoroughly and decidedly democratic, highlighting the role of all Sailors—from seaman to admiral. Rather than focus entirely on such naval icons as Jones, Decatur, and Nimitz, as most histories tend to do, author Thomas J. Cutler (a former gunner's mate and retired lieutenant commander) brings to the forefront the contributions of enlisted people, such as Quartermaster Peter Williams, who steered the ironclad *Monitor* into history, and Hospital Corpsman Tayinikia Campbell, who saved lives on the USS *Cole* after the terrorist attack in Yemen. The

book's structure is unique; rather than a straightforward chronological arrangement, the work is grouped thematically in sections named after the Navy's core principles of honor, courage, and commitment; its traditions of "Don't Tread on Me" and "Don't Give Up the Ship"; and other significant aspects. The result is a unique account that captures Navy heritage and history, that provides inspiration as well as information, and that celebrates that most essential element of the Navy's history: the Sailor.

More than any other book in this program, this work is directly and specifically targeted to the enlisted Sailor, giving the reader a solid foundation in the colorful history of the U.S. Navy, instilling pride in the rich traditions that today's Sailors are carrying forward.

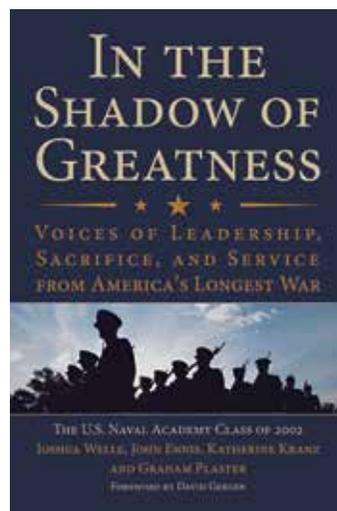
## In the Shadow of Greatness

by Joshua Welle, John Ennis, Katherine Kranz, and Graham Plaster

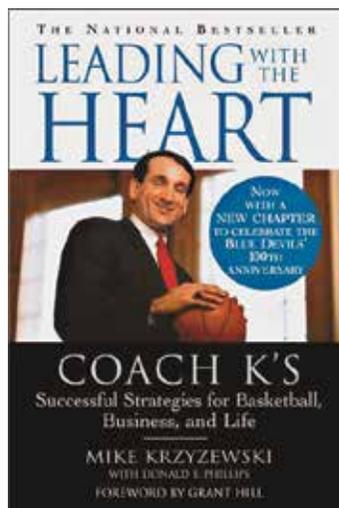
This **CNO Professional Reading Program, Be Ready** book provides a glimpse into the lives of some of the post-9/11 generation of warriors. The stories of the Naval Academy Class of 2002 are representative of an entire generation of sailors and officers that volunteered for service with the knowledge that they would serve in combat. Each story depicted in this book provides a glimpse into the lives of modern-day military officers who were faced with unique challenges. Their stories bring to light the trials of war and reveal a world most outside of the military do not understand. Refreshingly candid, their narratives take readers on a journey from Annapolis to the far corners of the world to experience operations at sea, on the land, and in the skies.

Prophetically inscribed on the Class of 2002's Naval Academy graduation rings are the words

"in harm's way." *In the Shadow of Greatness* pays tribute to classmates who paid the ultimate price for their nation within years after graduation. Mothers of the fallen reflect on their children's loyalty to their country, contributors provide visceral accounts of courage under fire, and others recount hardship in unexpected places, beyond the sands of Iraq and Afghanistan. As wars in Iraq and Afghanistan subside, those who depart the service are seeking a higher purpose at home. Read their stories of enduring commitment to country as they return from the battlefield and become leaders out of uniform.



Hardcover, 264 Pages  
 Pub. Date: August 2012  
 Publisher: Naval Institute Press



Paperback, 291 Pages  
 Pub. Date: January 2001  
 Publisher: Grand Central  
 Publishing



### Leading With the Heart: Coach K's Successful Strategies for Basketball, Business, and Life

By Mike Krzyzewski and Donald T. Phillips

This **CNO Professional Reading Program, Be Ready** book provides entertaining and informative lessons on how to build a culture of success. Duke University basketball coach Mike “Coach-K” Krzyzewski’s story is a great example of living the American dream through hard work and dedication. He is the son of working class Polish immigrants, who earned a scholarship to the United States Military Academy at West Point where he first played and later coached basketball. In *Leading With the Heart*, Coach-K offers ample examples of how to build a winning team out of recruited players from all walks of life. His secrets to success are built on an ethos based on communications, trust, collective responsibility, caring and pride. The lessons offered in the book are

valuable for any leader of any organization. The parallels to a military leader, such as team building, dealing with high turnover rate in an organization, and learning overcoming defeat are readily apparent. Coach-K has led the Duke Blue Devils to three national championships and ten final four appearances by telling his team that the goal is not necessarily to win every game, but rather it is to play the best possible game. As the title advertises, there is something for every reader, in every walk of life, to take away from this inspirational book.

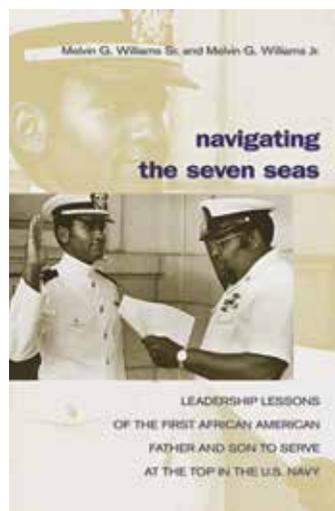
### Navigating the Seven Seas

Leadership Lessons of the First African American  
 Father and Son to Serve at the Top in the U.S. Navy

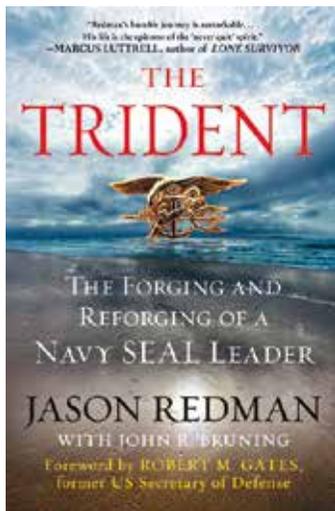
by Melvin G. Williams Sr. and Melvin G. Williams Jr.

This **CNO Professional Reading Program, Be Ready** book showcases important leadership lessons—the seven Cs (a double entendre of the book’s title). The authors are the first African American father and son to have served at the top in the U.S. Navy. In addition to the engaging biographical content of the book are the Seven Cs of Leadership: Character, Courage, Competence, Commitment, Caring, Community, and Communicating, which are explained through vivid examples that will serve to guide Sailors and Officers to a successful life and Navy career. The father and son authors share inspirational lessons learned that cover all areas of the leadership spectrum, from the makings of a Command Master Chief to the makings and distinct achievement of a Flag Officer. Navy

heritage embraces both men’s contributions, since both father and son had to open several doors that were closed to them due to their race. Melvin G. Williams Sr.’s ability to make Fleet improvements and positive recommendations for others was passed on to his own son, who served as Commander, U.S. 2nd Fleet and obtained the rank of Vice Admiral.



Paperback, 208 Pages  
 Pub. Date: February 2011  
 Publisher: Naval Institute Press



Paperback, 421 Pages  
 Pub. Date: November 2013  
 Publisher: William Morrow / HarperCollins Publishers



**The Trident:**  
 The Forging and Reforging of a Navy SEAL Leader  
 By Jason Redman & John Bruning

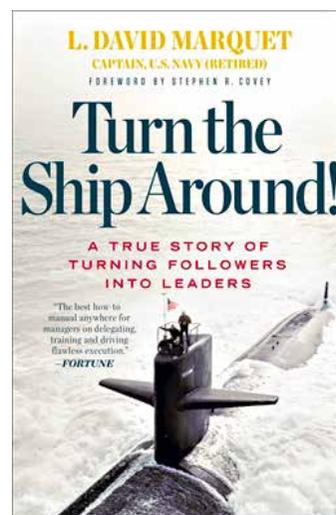
This **CNO Professional Reading Program, Be Ready** book by LT Jason Redman and co-author John Bruning tells the story of LT Jason Redman's odyssey as a NAVY SEAL and wounded warrior. Redman's story provides valuable lessons in leadership. His own experiences as an enlisted man who rose through the ranks and earned a commission are illuminated by his inspiring courage, dedication, and commitment throughout his career. Redman was severely wounded in a firefight in Iraq and earned national attention when he posted a sign on his hospital door at Bethesda warning all who entered to not feel sorry for his wounds. Redman echoes the ethos often expressed by great men such as former Vietnam POW Porter Halyburton by recognizing that "it's your attitude that determines the outcome." In his introduction

to the book, former Secretary of Defense Robert Gates writes, "There already are many books on the wars in Iraq and Afghanistan. There will be more, including by those who experienced the fire of combat. This story, though, is not just about a SEAL on the Iraqi battlefield, but a SEAL at war with himself and his ultimate victory. I believe his story will inspire the reader, just as it did me." Redman says that this is a book "about love, leadership and overcoming diversity." These are lessons that all Navy warriors should take to heart as they forge their own character to be prepared for whatever adversity they may confront.

**Turn the Ship Around**  
 A True Story of Turning Followers into Leaders  
 by Captain David Marquet

This **CNO Professional Reading Program, Be Ready** book tells the true story of the fast attack submarine USS Santa Fe that went from worst to first in the Pacific Fleet. Captain Marquet, USN (Ret) describes his experience as the new CO of the Santa Fe and the creative approach he used as they prepared for their scheduled deployment just six months after he took command. Marquet borrowed and adapted many of the tenets ascribed in Stephen R. Covey's "*The 7 Habits of Highly Effective People*" (A former CNO-PRP book) and applied them to the problems confronting the crew of the Santa Fe. *Turn the Ship Around* fills a legacy niche on the CNO-PRP for a business oriented leadership and management book. However, this book takes the value of such books one step further by translating the valuable lessons of seasoned

business leaders, such as Covey, into a relatable story of a typical Navy command that is overcoming challenges and getting ready to go to sea. Among the many pearls of wisdom offered in this book is the important role of mentorship. Marquet gives full credit to his crew and to his own leaders and mentors who helped him succeed. ADM Thomas Fargo USN (Ret) writes "*Read Turn the Ship Around!* and you will learn how to build an enduring high performer, where people can't wait to get to work." The active duty CNO-PRP Advisory Board reviewers of this book have found valuable lessons that they intend to put into practice in their own commands. This is a book tailor made for the CNO-PRP.



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The **CNO Professional Reading Program** was developed with the cooperation of the CNO-PRP Advisory Group, consisting of representatives of the following organizations:

- Commander, Navy Installations Command
- Master Chief Petty Officer of the Navy
- Naval History and Heritage Command
- Naval Postgraduate School
- Naval War College
- Senior Enlisted Academy
- U.S. Naval Academy

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YNSN Destiny Wolverton organizes books in the library aboard USS *John C. Stennis* (CVN 74). Photo by MC2 Lex T. Wenberg

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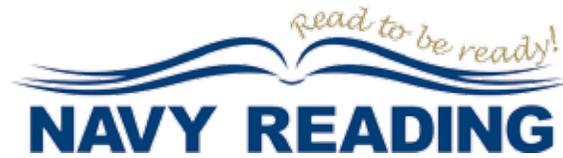
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